Melbourne Uni Rowing

WILEC & MILLRC Newsletter





- ♦ 95 Uni Championships
- ◆ 95 MastersChampionships
- Our Olympians pose nude on page 6...

Andrew Broadfoot wins the Under 23 lightweight single scull

1996 Australian Championships

Sydney International Regatta Centre, Penrith

National titles for Melbourne Uni included Bronwyn Thompson winning the Senior A eight. Bron also won the four and combined with Cait Fraser for 6th in the pair.

Three titles went to Andrew Broadfoot who won the Senior B lightweight single, combined with MUBC's Dom Gatto, Darren Balmforth and thrice world champion Gary Lynagh to win the lightweight quad scull, and won the lightweight men's eight in a crew including Stuart Peele. Broady just missed four national titles with a second in the Senior B light double with Mark Dusting from Carrum.

Minnie Cade, Eliza Blair and Kathy McCallum combined with Justine Joyce from Banks to win the Senior A lightweight four.

Eliza and Justine were second in the Senior A lightweight pair to the fast finishing Tasmanians.

Peter Antonie failed to make the

single sculls final, with two bouts of incredibly intense trialling for Olympic crews in the previous month taking their toll on his form.

The following people (if not mentioned elsewhere) gained top three placings in their event: Nick Green, Stuart Peele, Cait Fraser, Sally Heitman, Sarah Chibnall, Sam Golding.

The following people (not mentioned elsewhere) raced finals in their event: Jocelyn Finlay, Catherine Jones, Paul Myers, Ben Sullivan, Emma Taylor, Emma Rickards, Sophie Haslem.

Interstate Regatta

Melbourne Uni was represented in many Victorian crews including the victorious women's youth eight, in which Sally Heitman, Natalie Seigal and Sarah Chibnall rowed to a thrilling finish with NSW who were disqualified for leaving their lane and impeding Victoria's progress right on the line. This performance is a very promising sign for Victorian women's rowing.

Stuart Peele rowed in the lightweight four which won the Penrith cup from a strong field of contenders.

Richard Shenfield and Nick Green were part of an all the way win to Victoria, who claimed their tenth consecutive victory in the King's Cup.

Paul Reedy scored the Navy suit for the Presidents Cup men's single race and finished fourth.

The lightweight women's four contained Minnie Cade, Kathy McCallum and Eliza Blair, and was second to NSW in the Victoria Cup.

Bronwyn Thompson and Caitlin Fraser raced the heavy women's four, also second.

Nigel Sullivan and Christian Ryan represented Victoria in the fourth-placed men's youth Eight.



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Melbourne Uni Rowing Newsletter Winter 96

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Offending Rex

Our Australian non-Olympic team members recently had a fundraising Cocktail Party. For some arbitrary and obscure reason a picture of Rex Hunt adorned the flier. Our party throwers were surprised to receive a letter from Rex's lawyers, stating among threats that they "provide a written undertaking that ...you will not in the future use the Rex Hunt logo or any other logo substantially identical or confusingly similar thereto in relation to any of the club's activities". Rex could not be

contacted for comment, and missed a great party!

Training programs

Paul Reedy and Chris O'Brien have been an organising machine in the past few weeks. Check out the back noticeboard for some of their many schemes and plans. There is information on weights and rowing programs for anyone who wants it, and a schedule for regular testing for clubmembers to do together to monitor their progress.

Thursday nights

Sick of wandering down to the Mercs barrel just to have a beer while talking to other people from Melbourne Uni? Well Thursday nights at our boatshed have livened up. The fridge is full of beer and baked spuds, BBQ, soup, pasta, chocolate pudding, and sticky date pudding have all graced the menu so far! Proceeds will be going towards ergos etc. Come along and stuff your face for just \$5.

Congratulations

To Sandy Marshall who is expecting a little addition to the family around the time of the Christmas Cocktail Party.

Novice rowing

George Radcliffe-Smith has been busy running a novice rowing program to cope with the dozens of calls she has received from Melbourne Uni student wanting to row. Around six women have been invited to continue training and try out for IV.

Thumbs down

To Rowing Australia who have appointed an all-male board despite suitably qualified women applying.

They said it...

"These are the best showers. They should write an article in the Good Weekend about these showers."

Cait Fraser expressing something we all feel.

"You're looking a bit stressed. You need to relax more. I wish I had a spare room; I'd have you to stay for a couple of weeks."
Sid commenting on Paul Reedy's form one morning.

"I coached him in the lightweight four; Couldn't pull the tail feathers out of a moulting canary." Sid on one of his former charges, now a national level coach.

"It's pretty easy for Dave, because I'm such a good bloke."
Rob Scott (Australian coxless pair with Dave Weightman) when asked by channel 9 if it was difficult for the pair living, eating, and rowing together.

"You look like a great big bullfrog out there."
Sid after watching Brenton Terrell scull past.

"OK, You're going to have to get out of the boat.....Get out of the boat.....Get out of the boat.....Get out of the #@^!ing boat NOW!"

George Radcliffe-Smith to our batch of novice rowers as the McKinna sank.

"Sixty percent of young women have no morals"
Guess who?!

Australian Universities Championships '95

"I knew it was going to be an exceptional year when Bronny Thompson was the first person to provide me with all the necessary monies, photos and forms"

Georgia Radcliffe-Smith explains our victorious form at the AUC in Ballarat.

At that very point in time I fell to my knees, aware that some dirty great God in the sky was obviously feeling in some way magnanimous towards me. Better make the most of it I thought to myself, if I'm pious and devout now, maybe things will just get better and better

So, with an omen of such magnitude already set in its place I ran around with renewed enthusiasm and demanded copious quantities of money from all the other somewhat less organised rowers. This job was a pleasure and I enjoyed it thoroughly.

Nevertheless, there were more arduous tasks ahead. The Hwt4+ whose members varied only in degrees of psychosis were a continual distraction those everyday, mundane activities such as sleep and digestion. The fact that they made it to Ballarat at all was nothing short of the miracle I prayed whilst desperately for wrenching rosary beads from their string and sprinkling surreptitiously around the change room for good luck. The fact that they, (the girls not the beads) actually enjoyed I.V. (by the end) was not in the least surprising; one only need take a look at Anna on the dance floor (if you could recognise her before she threw a pot of beer in your face) to appreciate this crew's mentality...tho' that may be just a little unfair!

There were token injuries experienced as per usual, but the fact that most of them were in the Eight caused some concern this year as the biggest boat metamorphosed into a pair.

One night there was a call for icepacks (6 ice-packs to be exact) when it was heard that there would be a few leg-crunching circuits on the program. Better to be safe than sorry so they say! The training program was eventually abandoned due to lack of rowers and lack of spares, (anyone who is anyone has filled in for this crew). The fact that they roared home to an absolute monty of a win over Adelaide Uni was rather a relief to say the least.

The Coxless Pair was a dead cert. from the start. Cait and Bron thought it would be fun to row the opposite sides in the Pair to that in the Eight. Sounds like a stupid idea but lets not forget that Bron was experiencing something special this year. They won by an estimated margin of 200 metres.

The Lwt4+, when they actually had a full crew and weren't three plus an extra, had no end of fun competing for the 'most intense' prize for 1995. Nothing like starving the body and the brain to bring out the humour in a person! They had a fascination with the changeable properties of the

training program and it was astounding how their feverish demands for "the program" each week would culminate by their manipulation of it into a state beyond recognition. A creditable 2nd was achieved by this crew whose race plans incorporated the need for rating 52, 45, 42 and 40 throughout each 500m respectively.

The regatta itself, hosted by a remarkably impressive RMIT, was predictably and overwhelmingly won by the most well prepared team of the year.

The Women's club pulled the big 50 points out of its' you know what, and the Men's club came to the party with 44 including a big win in the coveted eights race (and we all know that makes 94). Sydney Uni scraped together 62 points and Griffith Uni 50.

After too many years tinkering in the black arts, MULRC/MUBC came through with the goods and stormed all the way home (via some extremely shameful performances at the biggest party any I.V. Rowing contingent has experienced for quite some time) with no less than 6 glorious, shining, trophies.

Congratulations Everyone, and of course, thank you God for the guidance and the support.

Melbourne Uni Rowing Winter 1996 Page 3

Andy Muller shares his reflections on our club

Champagne out of a prognostic?

My earliest recollections of MUBC (both Men's and Women's clubs) were, as a schoolboy: watching a video of the Australian Men's Lwt 4-winning the World Championships in '81 (two members were from MUBC); yelling out to the Australian Women's 2- (both MULRC) before they ran into a buoy on the Yarra, and watching a young strawberry-blonde girl in the 2 seat of the Victorian Women's Lwt 4-and thinking "she's not too bad".

By comparison, my memories of Mercantile were of crews always putting their boats on the bank in front of the shed I was rowing out of, (Melbourne Rowing Club). This made it difficult to get out of and into our shed. So with typical schoolboy arrogance we "accidentally" and ever so delicately lowered a rigger through the bow canvas and a number of struts on one of their boats. OOPS!!

When the time came to begin my real rowing career, the only logical thing to do was join MUBC.

My expectations of the club that had fostered those afore-mentioned champions were totally different to the reality of the club that is MUBC. The club appeared not to have many members, at least not ones that rowed. The male rowers comprised a skinny little bloke in a scull who

immediate saving grace for me was that my first coach was Charlie Bartlett, a member of the Lwt 4- that I had seen win the World Championships four years earlier.

Ten years ago MUBC looked much the same, from the outside. The facade of the building was no different but that's where it ended.

There was no weights room, no Bar, no t.v. or video, no mats for stretching and no BBQ for pleasant Thursday evenings. But there was paint flaking off everywhere, twice the number of possums, a leaking roof, one tired old Repco side pull ergo, rotting carpet on the floor and every wall was masonite from floor to ceiling. Got the picture?

The crew I rowed in that year used the very best eight the club had on offer. It was already an old, wooden thing that weighed half a #@/*^! ton. The oars were, to put it politely, shockers. "They need to be longer" our coach said. They need more than that I thought. But we stuck an extra couple of inches on the handles, painted the blades and were off and racing. Our opposition (Mercantile), on the other hand, had a state of the art fibreglass boat and carbon-fibre oars. But what got to me was that

to Stan's to do weights any more and the ergo actually became a training tool. That skinny little bloke put on a few pounds, rowed heavyweight, smiled once or twice and spoke to me (occasionally).

In other note-worthy occurrences I've seen:-Field Rickards relax (I think),—the Annual Dinner leave Melbourne Football Club.—Carrum becalmed on a day of racing,-the Cocktail Party become event social of river,-Bronny swim the Yarra after to many glasses of bubbly,-Paul's punch ruin the nocturnal aspirations of many a rower,-Brian Dalton become too involved in the racing on the Yarra, ride off the path and into the fray,—"King" Billy Peden break the 95kg mark,—that little skinny bloke win an Olympic Gold,—and Simon start and end his coaching career.

But what do I see right now?

I see more rowers down at the club than any time in the last ten years and that means potential. There is, however, a lack of unity, and as one of the great orators of modern time, James W. S. Peters, told me "There is strength in unity". So what can we do to rebuild this unity? Simple; race and cheer on our clubmates In years past MUBC would go to a regatta and all stay at the same venue, know how everyone was going and enjoy each others success. Now it's too dark when the time trial takes off, to see who is who-and at the end of the day you don't get a trophy, you get a PROGNOSTIC. Who cares!! You can't celebrate by drinking champagne out of a prognostic.

Humour me for a moment and picture this:

You're under the freeway at the 1600m start in south station.

get out on the river to do what we were put on this earth to do... WIN...(or at least beat Mercantile)

never appeared to smile, a Senior B Lwt 2-, and an eight who were training to race Sydney Uni. in Japan! The women's club consisted of a 2-, both of whom had just returned from the Olympics. They looked very serious and to a youth oarsman were more terrifying than any other rower along the river. Over time I became impressed at the way they quietly went about their training, then went out and won races. There were also a number of lightweights who seemed to win everything they entered.

their coach rowed for MUBC only twelve months previous. You can't do that? Your club is your club, end of story! This only made me more determined to beat them.

In the following four to five years the number of rowers increased and the club took on a new feel. The interior changed dramatically, primarily because six of us got enthusiastic and started rebuilding before anybody could object. We got on the committee and new equipment was purchased. We didn't have to go

Mercantile is in centre (of course) and some hacks are in north. It's a hot, sunny day and the starter is trying to get a millimetre perfect start on a river where the stream flows at different rates in each You have the usual station. butterflies in your stomach until the starter says go. You are hardly aware of the 60 or 70 spectators astride an array of bicycles jostling for poll position. You get an early break going into the Morrel St bridge and struggle through the shallow water. Then at the half mile (800m mark for you youngsters) you drive it round the outside of the bend whilst dodging the crews heading up to the start. Before you know it Roger is calling the last few strokes of the race. You've beaten the bastards!

Now, kids are expected to be world champions, (and some act like they are) before they've even learnt how to race, or experienced victory on the Yarra. We are being robbed of the head to head competition, the excitement and the big boat thrill, and this is what is threatening to fragment our club. We are the athletes in a club primarily run by athletes and we are being turned into compulsive trainers. competitors. MUBC, we must stop "the tail wagging the dog" and get out on the river to do what we were put on this earth to do...WIN...(or at least beat Mercantile). We can only do that by racing.

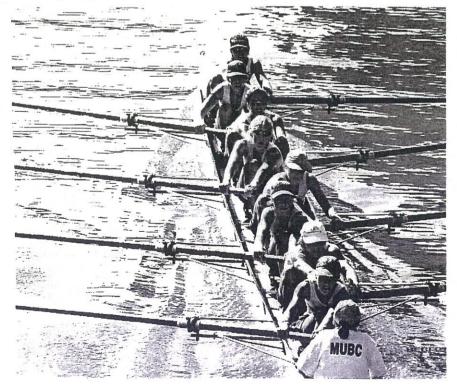
So to all of you I say enter races, represent your club and care not whether you have a state of the art nomex under-weight racing rocket or one of the lesser boats in the club house, just get out there and win a trophy for yourself, your crew mates and points for the club. We have the potential to be the most successful club in Australia across all boat classes both male and female, as long as we do it as a **CLUB**.



Australian Henley Regatta

Congratulations are in order to the Australian Henley Regatta organisers for finally including a grand challenge cup event for women, and to MULRC for winning it! Photos by *Hebfotos*

The crew consisted of (from bow) Catherine Jones, Jocelyn Finlay, Sophie Haslem, Emma Taylor, Eliza Blair, Emma Rickards, Minnie Cade and Kathy McCallum, coxed by Cathy Knight.



The Olympic Games



1984 Bronze Medal four

It has been said that if you make the team you're a champion, if you make the final you're a superstar, and if you win you're a freak. With Atlanta approaching, it's time to take a look at what our clubs have accomplished at the Olympic Games.

Two time Olympian Paul Reedy takes us back through many years of Melbourne University Olympic representation. (OK, I was kidding about the nude bit..)

In international rowing, MUBC. has had its members selected into Olympic teams since Australia first sent rowing representatives in 1912. Since then there have been several large time lapses, but MUBC and MULRC members have been part of Olympic teams continuously since 1980.

Stockholm 1912

Simon Fraser and Harry Ross-Soden, were members of the first Australian Olympic Eight at the Stockholm Games of 1912. The eight, rowing under the colours of the Sydney Rowing Club, first competed at the Henley Royal Regatta where they defeated Canada by a length-and-aquarter in their first round (7 min 4 sec), then defeated New College, Oxford, by a length in the second round (7 min 10 sec) and Leander Club in the final by three-quarters-ofa-length (7 min 6 sec). The distance at Royal Henley is 1 mile 550 yards and the course is rowed upstream, although occasionally there is minimal flow. Their Majesties King George and Oueen Mary followed the race in the umpire's launch on the occasion. Conditions were stated to be flat calm. The Australian eight was one of the strongest at the Games and with better luck might have won the event. The official report of the games recording their efforts in the following manner: "The perfectly trained visitors, who rowed like one man, took the lead at the 200 metre mark and never lost it. In the semi-final, Australia met the British number one eight from Leander. Australia led by 1.5 lengths at the 1000 metre mark but the British managed to catch them 100 metres from the finish.

Regrettably the Australian crew had a sharp curve to negotiate at this point in the race which was a significant disadvantage". The British crew won by 3 metres and went on to win the gold with Australia eliminated. Britain's time over the course (6 min 10 sec), was the fastest at the event.

London 1948

The clubs next Olympic representative was at the 1948

First Australian Women's Olympic crew-1980



London Games, when Colin Douglas Smith (2) rowed in the coxed four. Colin had stroked the MUBC. Intervarsity eight on five occasions, in '38, '39 and '40 winning the Oxford and Cambridge Cup in the last two years . He then served throughout the war, and returned to finish his medical studies, stroking the I-V eight again in '46 and '47 prior to being selected in the 1948 team. The rowing took place at Henley on Thames where the course was widened to accommodate three crews, and shortened to 1850 metres. The four was outclassed in its races finishing last in its heat and repecharge.

Melbourne 1956

The Melbourne Olympics in 1956 saw Australia win the bronze medal for the eights, with a crew containing three MUBC members - Michael Aikman (bow), Jim Howden (4) and Adrian Monger (7).

The eight won its heat in the fastest time of 6:05.8, beating Canada, USA and Great Britain. The semi-final was a different matter with Australia and the USA fighting out a close race throughout, the Americans victorious by 0.5 sec. The final saw USA first (6:35.2), Canada second (6:37.1) and Australia third (6:39.2).

Rome 1960

Six MUBC members were selected to represent Australia in the Rome Olympic Games of 1960: John Hunt and Terry Davies in the coxless pair: Paul Guest, who rowed with Neville Howell of Banks, in the coxed pair; and Kim Jelbart (stroke), Peter Gillon (3), Peter Guest (2), with Brian Vere



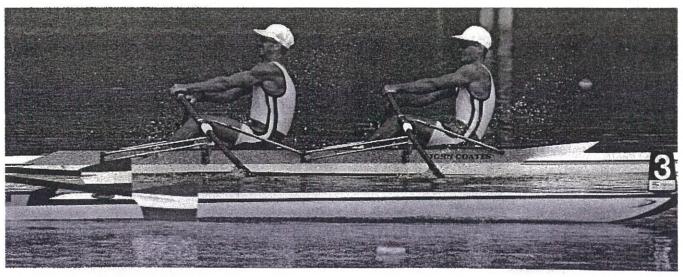
1984 Silver Medal Quad

of Banks (bow), coached by Ron Jelbart, in the coxless four. The Olympic rowing events were held at and were Lake Albano disappointing for the Australians with all of the above crews eliminated in the repecharges. This regatta saw the introduction of lighter, revolutionary shaped boats that were used to advantage by the European crews. The Australians still rowing in older style boats, including the coxed pair which was twice the weight of the lightest, and the only stern coxed pair at the regatta. This regatta saw the introduction of individually buoyed lanes as it was impractical to use overhead markers. The system was thereafter known as the albano system of buoying and has been used ever since.

Moscow 1980

With women's rowing events being introduced only four years before, 1980 saw the first members of MULRC gain selection for the Moscow Olympics. Anne Chirnside (bow), Verna Westwood (2), Pam Westendorf (rowing for Dimboola, 3), Sally Harding (stroke), Susie Palfreyman and David (cox) Palfreyman (coach), were the first ever women's crew selected for an Australian Olympic team.The women's four enjoyed a successful tour prior to Moscow, winning the bronze medal in Lucerne, and setting a new course record in Amsterdam. At the Olympic regatta, the four finished fifth, behind four eastern bloc countries. This was equal to the best Australian result at the regatta.

1992 Gold Medal Double



MUBC 2 Gold, 4 Silver, 8 Bronze Indoor Rowing 1 Gold, 2 Silver MULRC 6 Gold, 2 Bronze Jim Morrison reports on the masterly performances by MUBC/LRC veterans

Fifth Australian Masters Games

Appalling conditions prevailed on the first day of the regatta at Albert Park Lake on Saturday, 7th October, 1995. The sight of smaller boats sinking when endeavouring to get to the start was common. Day two of the regatta saw a moderate improvement with the wind dropping from gale force to strong. Despite these conditions the Melbourne University Veterans showed just how adaptable they are. Pam Westendorf was awarded six gold medals, Gayle Toogood and Debbie Clingeleffer four each. Success amongst the men included John McKenzie with one gold, two silver and three bronze and Tim Brew with one gold, two

silver and two bronze.

A few last minute crew changes and conflicting statements as to who rowed in what crew and in what seat has meant that whilst all care has been taken in the compiling of this report no responsibility whatsoever is accepted for its accuracy.

MUBC Medal Winners			
B Single Scull Bronze	John McKenzie		
A Coxed Four	Greg Lindsay John Mitchelmore Craig Adrians David Fogarty Cox: Anthony Hall	Bronze	
A Double Scull	Tim Brew John McKenzie	Silver	
E Double Scull	Ian (Busho) Blair Arthur Adams	Bronze	
A Quad Scull Gold	Rob Gardiner (Barwon) Tim Brew Charles Bartlett		
	John McKenzie		
B Quad Scull	Bob Allen (Noosa) Tim Brew Charles Bartlett John McKenzie	Silver	
D Quad Scull Silver	Ian Blair and other	S	
E Quad Scull Silver	Ian Blair and other	s	
A Coxless Pair	Sandy Marshall Andy Muller	Bronze	

E Coxless Pair	Ian Blair Arthur Adams	Bronze
A Coxed Eight	Rodney Maule David Fogarty Graham Scull Mick Galvin Craig Adrians John Mitchelmore Andrew Herald Greg Lindsay Cox: Anthony Hall	Bronze
B Coxed Eight	Sandy Marshall Tony Oakley TimBrew Andy Muller John McKenzie Charles Bartlett Field Rickards Geoff Rees Cox: Adrian Magin	Bronze
Indoor Rowing		
40 to 49 Lightweight	David Yates	Gold
50 to 59 Lightweight	Jim Morrison in 500 & 2500	Silver
50 to 59 Heavyweight	Ian Blair	A very creditable forth

MULRC Medal Winners			
A Double Scull	Gayle Toogood Debbie Clingeliffer	Bronze	
A Coxless Pair	Leanne Ambrose Pam Westendorf	Gold	
A Coxed Eight	Angela Turrell Pauline Coates (Sydney) Verna Westwood Sue Chapman-Popa Leanne Ambrose Debbie Clingeliffer Pam Westendorf Gayle Toogood Cox: Rob England	Gold	

A Single Scull	Gayle Toogood	Bronze
A Coxed Four	Verna Westwood Debbie Clingeliffer Leanne Ambrose Pam Westendorf Cox: Rob England	Gold
B Coxed Four	Leanne Ambrose Debbie Clingeliffer Gayle Toogood Pam westendorf Cox: Rob England	Gold

Olympics continued from page 7

Los Angeles 1984

The Los Angeles games of 1984 saw Paul Reedy selected (bow) in the quad scull. The crew won its heat by one length, over Spain, with West Germany the then current world champions, winning the second heat in a slightly quicker time (1 sec). In the final the Australian crew led from the start and had opened up a length lead by 1000 metres. This lead was whittled away by the Germans over the next 900 metres and a titanic struggle ensued over the last 100 metres to determine the gold medal. A photo finish was required to separate the crews, the West Germans winning by 0.43 sec and Australia having to settle for the silver medal

Margot Foster (stroke), Sue Chapman-Popa (3) and Jacqui Marshal (reserve) were selected in the women's coxed four. Their bronze medal; Australia's first in women's rowing, came at the end of a difficult regatta.

Finishing second behind Canada in the heat they were able to qualify for the final by finishing second to USA in the repecharge. The final saw Romania win by a clear margin back to Canada then another two seconds to Australia, USA and Netherlands in a blanket finish, two metres covering all three crews. After an anxious wait for the photo the crew was overjoyed with the result.

Seoul 1988

The Seoul Games of 1988 saw Paul Reedy (3), Peter Antonie (stroke) selected for the quad scull. Hamish McGlashan was named as reserve for this crew, but after racing successfully in Europe, highlighted by winning the Diamond Sculls at Henley Royal Regatta, he was selected in his own right, to race the single. At the Olympic regatta, Hamish won his heat, and then progressed to the final via a tough semi-final, beating three times Olympic champion Perti Karpinnen for the third and last place in the final. Hamish raced well in the final finishing fourth (7:00.02) behind Lange (East Germany, 6:49.86), Kolbe (West Germany, 6;54.77) and Verdonk (New Zealand, 6:58.66). His fourth placing the highest ranking in rowing at these games.

The quad scull also had a successful tour of Europe winning in Amsterdam and at Henley. In Seoul the crew had an easy first round and then qualified for the final after a hard fought tussle with Poland and Czeckoslovakia, for third in the semifinal behind Norway and East Germany. After a slow start in the final, the crew clawed its way back to the field to finish fifth, two seconds away from the bronze.

Barcelona 1992

In Barcelona Peter Antonie raced the double scull, Nick Green the coxless four. Hamish McGlashan the quad scull and Jodie Dobson the Women's coxless four. The team had an extensive tour in Europe prior to Barcelona, Highlights included: a win at Lucerne for the coxless four; the third time straight for the "awesome foursome"; a second at Lucerne for the double followed by a victory in Amsterdam over the world champion Dutch crew. The quad and women's four had to perform well at Lucerne to have their places in the Olympic team ratified. This was achieved with the four making the final and the quad winning the petite final.

At the games the women's four came a creditable sixth, a finish in the final for the first time since 1984. The men's double after winning both heat and semi-final went on to win the gold medal (6:17.32), taking the lead just after the start, and then holding off the fast finishing Austrians (6:18.42), with the Dutch taking third place (6:22.82). The "awesome foursome" carrying the hopes of the entire country, after back-to-back championships. remained undefeated during the regatta winning the gold medal (5:55.04) ahead of USA (5:56,68) and Slovenia (5:58.24). The guad scull found the going tough and finished ninth.

Melbourne University Women's Boat Club?

In late '95 Kath McCallum and George Radcliffe-Smith proposed to the committee that the word "Ladies" in our name was outdated. We acknowledge that a name change is not something to be taken lightly, so here are a few things to think about.

The following reasons were given to change the name:

Let our name catch up with the way we talk about ourselves. We never call ourselves Ladies. Who wants to win the National Ladies Coxless Four Championship?

Let our name reflect the unanimous opinion of the directors of various women's organisations that "Ladies" is out of date.

The only other "Ladies" sporting

association left is "Ladies Bowls"

Women's Golf Victoria (formerly Vic Ladies Golf Union) said that the print media is reluctant to use the word "Ladies" and would never print their former name in full. This makes any sponsorship/media coverage efforts very difficult.

There is a concern that being "women" involved in sport implies lesbianism.

- a) This view belongs with "don't wash when you're menstruating" and "don't row because you'll get muscles".
- b) Being called "Ladies" didn't help the Vic Ladies' Golf Union who were called lessos for years.
- c) If people think we are all lesbians DO WE REALLY CARE?

Reasons to keep the name the same include the tradition of MULRC being called MULRC for its first, very successful 25 years. The club is recognised nationwide as MULRC.

If you have raced for MULRC and would object to the the name being changed, we want to hear from you.

Committee discussion thus far favours "Melbourne University Women's Boat Club", which has the advantage of consistency with our brother club, MUBC, and with the initials which are currently printed on our racing suits.

Any views? Don't be shy. Speak Up!

All correspondence to the secretary, Ms Jessica Morrison, 40 Napier St Fitzroy before July 1st.

Want to coach?—MULRC needs you

You choose the commitment level.

We have promising athletes in youth, senior B, senior A, sculling and sweep, lightweight and heavyweight. They need the benefits of your expertise.

Co-coaching of crews or scullers is possible.

If your spare time is scarce, once or twice a week is still useful. You will be rostered on at a time that suits you.

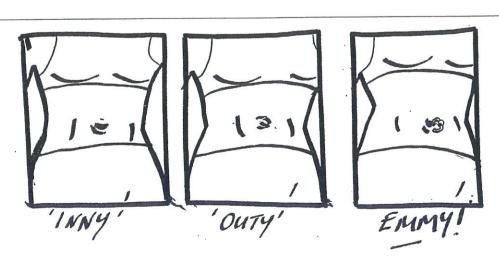
Assistance will be available to coaches on technique, rigging and physiology.

Any former MULRC or MUBC rowers are very welcome.

If childcare is necessary for you we may be able to secure funding from the Uni to cover these costs

Have a ball coaching IV— Aust Uni Games in Sept. Please contact Georgia Radcliffe-Smith on 9481 3437 or Kathy McCallum on 9882 0708

Sammy G's field guide to belly buttons 1996



60Min 500M

Don't miss these events

Lucerne International Regatta May 31-Jun 2

Lucerne Olympic Qualifying Regatta

Bronwyn Thompson rows in the Australian eight which must come first or second to qualify for Atlanta. Jun 7-9

Royal Henley Regatta, England

Paul Reedy's European Tour culminates here where he will race the single and the double with Rory the big pom. (Lookout for something extra special after all Paul's work with his enthusiastic personal trainer Sid!)

July 3-7

Under 23 Championships, Belgium

We all know he's got a crazy streak in him, this is Andrew Broadfoot's chance to unleash it as he represents Australia in the lightweight single scull. Coached by Chris O'Brien. July 11-14

Atlanta Olympic Games

Peter Antonie will defend his title in the double sculls, and Nick Green will defend his in the coxless four. If qualified, Bronwyn Thompson will make her Olympic debut in the eight. Forget about working or training; this is coach-potato week. There will definately be a beerswilling telly-staring social event at the boatshed to coincide with this, complete with Reedy's form guide so you know what's going on! July 21-28

World Championships, Strathclyde

Melbourne Uni has a representative in each of the men's and women's lightweight coxless pairs. Good luck to Stuart Peele and Eliza Blair. Aug 6-11

Australian Uni Championships, Canberra

This will be held in conjunction with all the other sports as part of the Australian Uni Games. Our chance to make it two in a row. **Sept**

Christmas Cocktail Party

Lookout! Schemes and plans for this one include persuading the awesome Richard Roach/Gary Lynagh etc band to play live.

Dec 23

1997 Selection Regatta

March 9

National Championships, Lake Barrington

A top venue for a regatta. Planning is starting already to ensure that MUBC & MULRC travel and stay as a team.

April 1-6

Final Selection Regatta May 4

Lucerne International Regatta Jul 11-13

World Championships Aiguebelette, France Sept 1-7

The 1996 Annual

Melbourne University Rowing Dinner

Friday September 13th at the elegant University House

Campbell McComas

Comic speaker extrordinarre, host of ABC's "The Great Debate" will talk about "My favourite on water characters"

Club awards will be presented

Welcome back for our Olympic, World Championship and Under 23 Athletes

Send off for our intervarsity team

Former active rowers of MULRC and MUBC are warmly welcomed; book a table with old crewmates

After party at (less elegant) venue to be announced—Last year was a great success; Book your tickets now Emma Rickards 9347 9084

Melbourne Uni Rowing Winter 1996

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If undeliverable return to MUBC & MULRC Newsletter c/- 6/56 Rathmines Rd Hawthom East 3123

MUBC & MULRC newsletter

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