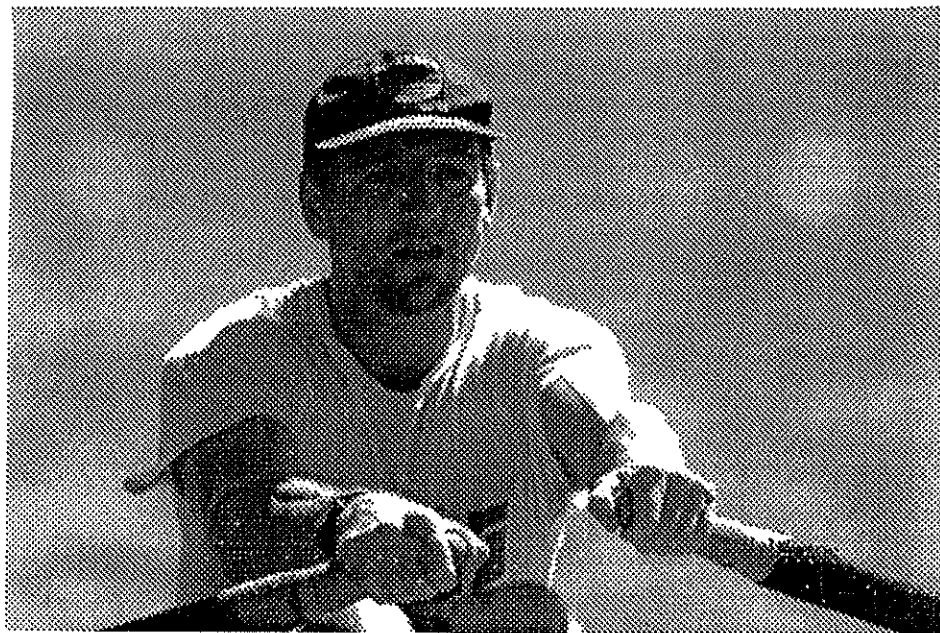


Heavers, Cleavers & Achievers

Volume 92

Autumn 1995

The Newsletter of Melbourne University Ladies' Rowing Club and Melbourne University Boat Club



Antonie does it again

The National Championships at Wellington Dam in Western Australia saw many people exclaiming that they'd never go back there again. Memories of 1989 when the Championships were wiped out by Cyclone Ned came flooding back as the winds tore across the dam which was only 40% full due to dry weather. News came of a cyclone further north with 250 km/hour winds, but fortunately it stayed further north.

One person who handled the choppy cross wind conditions well was Peter Antonie, who took out another Men's Single Scull title, beating Jason Day by 1.1 seconds. Peter has pulled out of national team selection to embark on his own trip to the European regattas.

Rachel Taylor and Sarah Lachal showed their potential with a strong win

in both the Senior B Women's Pair and the four. The pair will go on to represent Victoria in the Trans Tasman series in Queensland later this year. (See photo on the back page.)

Consistent performer De Fraser was our next National Champion with a win in the Lightweight Women's Four.

The Awesome Foursome with Nick Green disappointed the Sydney/ UTS-Haberfield combination containing recent World Championship bronze medallists Walker and Wearne by beating them by less than a second. The same story can be told for the Men's Senior A Eight.

Stuart Peele and Antony Rickards finished forth in the Men's Senior A Lightweight Pair, a final dominated by crews from Victoria.

In the Senior B Lightweight Single

to page 3

In Brief...

♦ Finally we can stop putting our feet down holes, dropping our boats, and getting our toe-nails filled with mud; the staging is being rebuilt! The work will be completed in two stages, with the Melbourne Uni half will be completed second.

♦ Work will also begin (supposedly) on March 27 to widen and reconstruct the bike path between Swan St Bridge and Punt Rd Bridge. Brian Dalton will particularly appreciate this initiative.

♦ Rumour has it that Paul Reedy has his eye on the current VIS office for a physio room. If Paul has his way, we will also have some bunks out the back for those big night/early training combinations.

♦ Need some winter racing to keep yourself sharp? Some keen cyclists are opting for a spot of road racing, and Field Rickards is always keen for new competitors at the old school cross country running races.

♦ The men's intervarsity eight is planning a trip to England for the Henley Regatta. Coach Jim Peters is currently selecting the crew.

Editor's welcome

I have stumbled my way through the marshy flats and treacherous peaks of desktop publishing, slain technological demons, dodged the bullets of misinformation, and wrestled the scanner with my bare hands. I'm not sure if I've arrived where I thought I was headed, but this is it! Just quietly, I've had a gutfull, but now I know the easier path, and the next edition will take about one tenth of the time.

The newsletter has had a haphazard history, with bits and pieces pulled together by various people over the years, and periods of lying dormant. Hopefully now it will enjoy a little more continuity.

My aims for the newsletter are to entertain and inform members and associates, friends and family, and to help everyone in the club to get to know each other and be aware of what's happening. We can publicise up and coming events, and stimulate action. The newsletter will keep anyone who has moved away from Melbourne in connection with the club. If all goes well, it will come out quarterly.

With your help, the newsletter will be all-inclusive, covering the exploits of the veterans, youth, elite, college and intervarsity rowers, as well as social members and other people connected with the two clubs.

You will have noticed the great photos supplied by Hebfotos; They have agreed to give the newsletter photos in return for advertising. Anyone ordering anything

from Hebfotos please remember to mention that you saw their ad in the Melbourne Uni newsletter. This will ensure that this deal is continued.

How do you like the name? I was only joking when I suggested *Heavers, Cleavers & Achievers*, but people seemed to like it better than my other idea which was *Different Strokes*. Any other suggestions? Is there anything else you'd like to comment on or see added?

What I need for the next edition is CONTRIBUTIONS; photos, results, gossip, ideas, plans, letters. Get writing! Contributions welcome from anyone.

Clear photos are needed- whether they are action shots or just something amusing.

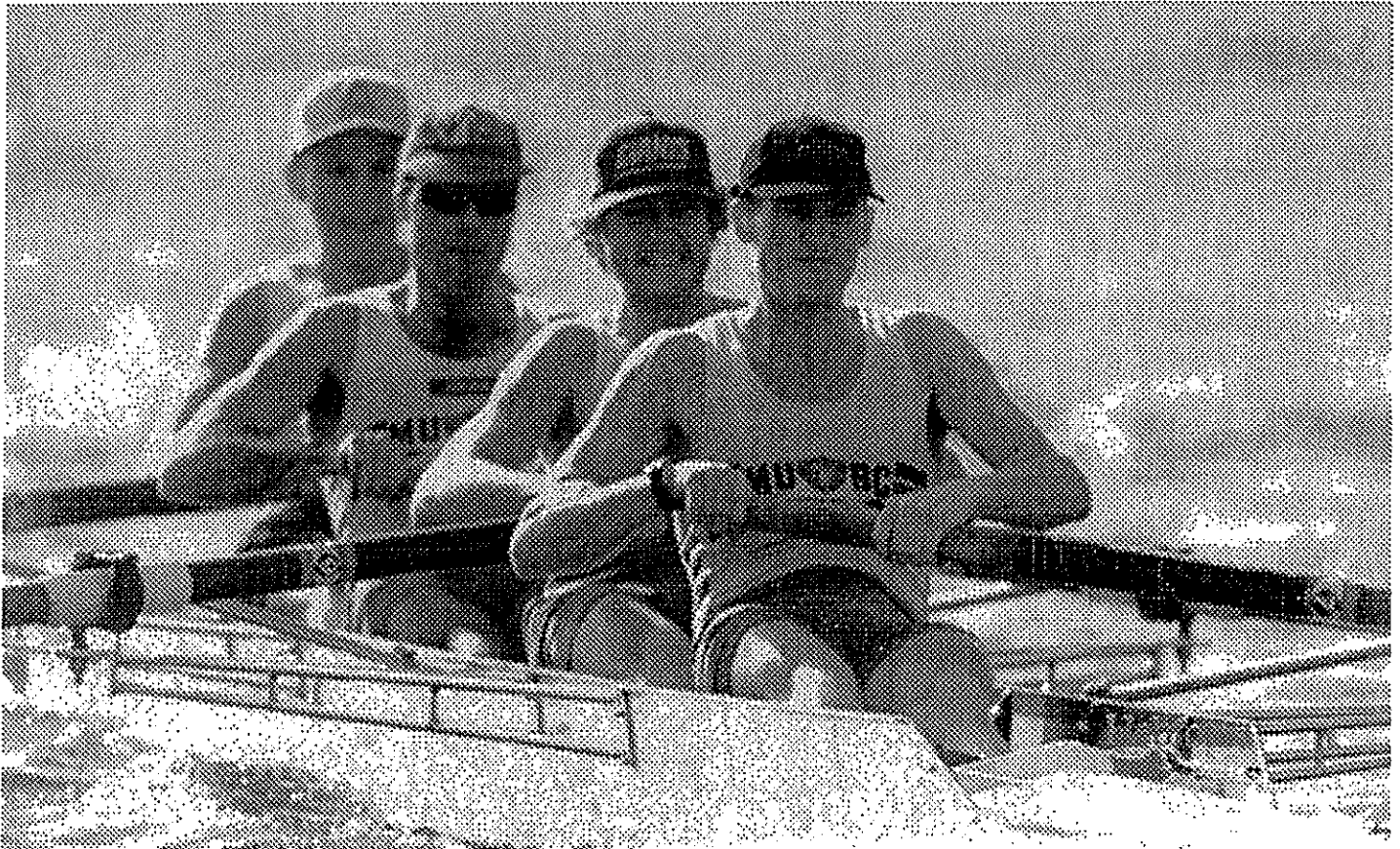
I would like to have included more results from the summer regatta season, but accurate results are difficult to track down, so it's up to you to let me know.

If there is anyone out there who fancies themselves as a gossip columnist here is your big chance!

You will find a cardboard envelope on the back noticeboard marked "Newsletter Contributions". Please use it for your words of wisdom in writing, or better still on disk (IBM compatible). Alternatively, post to; Kathy McCallum, 2/33 Kensington Rd South Yarra 3141 (ph 827 4572). Photos and disks will be returned. Happy Reading!

1995 Office Bearers

	<i>MULRC</i>	<i>MUBC</i>
<i>Captain</i>	Georgia Radcliffe-Smith	Richard McLure
<i>President</i>	Margot Foster	Charlie Bartlett
<i>Secretary</i>	Kathy McCallum	Scott Young
<i>Treasurer</i>	Sophie Haslem	Geoff Rees
<i>Vice-Captains</i>	Pam Westendorf	Andy Muller
<i>etc</i>	De Fraser	Andrew Broadfoot
	Jenny Morrison	Field Rickards
	Sophie Morrison	Antony Rickards
		Sandy Marshall



Nationals...

from page one

Sculls Andrew Broadfoot and Dominic Gatto made it through to the final, as did De Fraser and Kathy McCallum in the Senior A. Emma Rickards was fifth in the semi-final.

MUBC was represented in the Victorian Kings Cup eight by Nick Green. The Vics held on in an exciting race to win by 0.5 from NSW, and claim their tenth consecutive victory. Andrew Broadfoot rowed in the men's Youth Eight, which came forth.

De Fraser represented MULRC in the Lightweight Four which came second to a strong NSW crew- looks like we will have to wait another year to return the Victoria Cup to its true home!

Bronwyn Thompson rowed a great race to win the ULVA Trophy for the

women's four, beating the strong South Australian crew by four seconds.

Rachel Taylor, Jess Morrison, and Prue Hayden raced the women's Youth Eight to fourth position. The crew was coached by Pam Westendorf and Craig Adrians.

At the time of writing, the Australian Team selections are still partly undetermined; Nick Green has to row with those hacks from Mercantile again, and Paul Reedy is still in contention with further trailing taking place in Brisbane. for the men's sculling boats.

Next years championships should offer a more affordable option to a larger Melbourne Uni contingent, and the chance to check out the new Olympic rowing course in Penrith.

Andrew Broadfoot, Sam Golding, Ant Rickards, and Stu Peele pulling faces in the men's lightweight four.

Profile

This regular series will focus on a club member, and help you get better acquainted. First on the couch is the men's club captain, Richard McLure... (He was quite nervous about it so don't give him any shit.)

Richard can generally be found loitering at the boathouse on most days, often doing something quite constructive, or scheming about it anyway. Since joining the club two years ago he has put heaps of time into organising all sorts of things in his role as captain. His next venture is as team manager of the Henley Eight.

Highlights of rowing career: Winning a National Title in the schoolboy's Coxed Four at the Nationals in 1991, and going for a row in the Barcelona with Peter Antonie the night before the Cocktail Party last year.

What are your aims in rowing in 1995 and beyond?

In 1995- to win the Intermediate Scull at the Ballarat/Vic Champs Regatta. Beyond- "I'll just take each year as it comes".

Enough rowing talk, what characteristics do you most admire in people?

*People who are
-down to earth
-honest with themselves and others
-focused
-self-starters*

What characteristics in other people disgust you most?

People who don't listen to others.

What aspect of yourself would you like to change?

Would like to be taller.

Which historical figure are you most thankful to?

Clive Disher- MUBC rower who won the Kings Cup for Australia.

If you could punch someone out without regard for the consequences, who would it be?

Mike Tyson.

Name five qualities you would like in your ideal partner.

Rich thought that five good qualities were a lot to find in a woman (!) but she has to be independent, attractive, intelligent, outgoing, not fat, and she has to go off at the Cocktail Party. (He thought of six after all.)

What are three things you would like to do before you die?

Rich would like to own a farm near Ballarat, go bungee jumping, and usurp Charlie's position as President of MUBC.

How important is money to you?

"Reasonably important but not essential".

What is the worst job you've ever had?

"Definitely starting work at 4 o'clock and filleting fish for five hours" -for his dad, a fishmonger in Ballarat.

What would be your ideal job?

Either to run his own landscaping business with two employees, or to work in a big transport company as logistics manager- hasn't decided yet.

If you could change the world in some way, what would it be?

"I'd make sure no-one touched Antarctica".

What do you like about MUBC/LRC?

Rich loves the way everybody around the club are self starters, very motivated and are willing to share their knowledge and experience.

"Everyone is really tolerant and encouraging of you regardless of your standard. No-one judges anyone else. People are always there to help you if you're prepared to listen".

Intervarsity 1994

October saw the intervarsity team at Lake Barrington in Tasmania for several days of highly successful rowing and a great party afterwards. The team, under the guidance of Manager Mike Hagbeck showed amazing restraint at the pre-regatta dinner which was held at the Devonport Football Club. For some reason everybody except the MUBC team knew that this event was black tie and we were accordingly a little out of place.

However our form improved once we hit the water of Lake Barrington. The women's lightweight four of Rebecca Read, Jane Wilson, Jana Baker, Justine Joyce and Megan Graham(cox) were our most successful crew, easily defending their title. The men's team achieved four second places and a third. Tristan Hubbard was runner up to national champion Jason Day of RMIT in the single scull, and Dominic Gatto and Andrew Broadfoot came a close second

in the double. The closest race of the regatta was, like last year, the lightweight four, when Sam Morley, Tom Woodruff, Dominic Gatto, Andrew Broadfoot and Rob Heath(cox) lost by 0.4 of a second to the University of Western Australia. In the men's pair Tom Hodgson and Tom Skidmore came second to RMIT and the eight, coached by Andrew Tulloch came third. The women's eight finished a disappointing sixth.

Although all competitors had been looking forward to a big night at the post regatta celebrations, the younger members of the team were ingloriously upstaged by a prolonged bout of Greco-Roman wrestling between Mike Hagbeck and women's eight coach Celia Patterson on the floor of the Devonport Football Club, which proved to be the visual highlight of the evening.

Thanks to Mike for his tremendous efforts in organising the trip.

by
*Andrew
Broadfoot*

Monash marketing plan

Initiated by the ever-resourceful Jenny Morrison, the women's club have organised for third year Monash marketing students to do their major assignment on the club. After considering the club's history, current position and resources, it is their job to come up with a plan to market MULRC.

This is a great opportunity to make use of the expertise of the students as they have the knowledge and time that club members do not.

Margot Foster gave a presentation to the students on April 3rd. The major problems highlighted were lack of equipment and coaches.

In order for the club to achieve its aims of boating successful crews in youth, under 23, and elite categories, it will need to replace almost all of its existing fleet, and then turn the boats over every 2 years.

The initial outlay for such a plan will be very large, but in subsequent years only a relatively small amount would have to be fundraised.

Ideally, the club would be in a position to pay for or at least subsidise expenses of any coaches who are not covered by the Victorian Institute of Sport funding.

The results of the project from the five groups who have chosen MULRC should be available in June.

In the meantime, a sponsorship proposal has been forwarded to Gy-ro, manufacturers of the new rowing ergometers that were on display at the Nationals. As they are newcomers to a market that is completely dominated by Concept II, MULRC hopes to organise a mutually beneficial relationship.

Boatshed restoration

As I look up from my shower, I notice a tuft of fur from a possum's bum sticking through the hole in the ceiling above. In the weights room someone drops the cleans bar and the boatshed trembles to its foundations. My mind wanders to one morning last summer when I arrived, half asleep at 5.45am for training. On the floor of the women's change room amongst the emptied contents of our lockers were four sleeping bodies. Not being able to tell how old, exactly how many, and whether their intentions were peaceful, I walked straight back out and called the police, who took obvious delight in stamping their feet near the intruders heads and shouting "WAKEY WAKEY!"

It is becoming increasingly obvious to me that our boatshed needs to be renovated.

The poor security will only be fixed by completely redoing the old windows and doors.

The frequency with which the shed is broken into makes this fairly urgent. Unfortunately most intruders are not so intoxicated as to fall asleep on the floor and instead make off with our running shoes and strokecoaches (despite not knowing what it is they actually do).

Vandalism of our boats

is always a possibility.

The change rooms, committee room, and weights room could be re-organised in a much more space efficient way. The main room could be opened out to a cathedral style ceiling, and perhaps the roof above the change rooms etc could be used for storage.

There are dozens of historical photos lying around deteriorating. A quote has been obtained for their restoration, and the matter is currently being looked at by the University archives department. The clubroom could do with a few more recent photos too.

Other things that need to be addressed are boat storage and the committee room furniture.

The potential for hiring out the renovated boatshed for functions and generating an income for the clubs is huge. Obviously this would have to be tackled carefully, always mindful that we are first and foremost a rowing club, and that the needs of the athletes always come first. I do not aspire for Melbourne Uni to be like other clubs on the bank which banish their rowers to the back stairs and lack atmosphere.

The upgrading and restoration of our boatshed would help to consolidate our position on a piece of highly desirable land. With all the current and future developments in the area the river has

become a focal point for tourists and the general public. Users of the rowing sheds are privileged to be in such a location. Should our right to monopolise the location over the general public come into question -as it has in the past- the heritage value of our properly maintained boathouse and its availability to a wider group of users give us an additional justification for remaining as we are.

Melbourne University Sports Union have indicated that they are interested in seeing the restoration happen, and a working party is in the process of being set up to prepare a submission. All plans will be made available to both committees and anyone else who is interested to have a look and make any comments.

I'm sure everyone who spends time at the boatshed will agree it has a special quality. There is an atmosphere of friendship and family. A quiet beer on the balcony is one of the joys of life. There is also an atmosphere of doing; everyday there is something going on, people working towards their goals. This atmosphere comes from the people that make up the two clubs, it comes from our history, and it comes from the boatshed itself.

In short, it has soul- this is something we must take care never to lose.

Boat Christening

A number of boats were christened in a ceremony on the 30th of October 1994, including the men's club's new lightweight coxless four, the *Geoff Rees*, which has already won a National title rowed as a quad scull by a crew including Peter Antonie and Paul Reedy in the 1994 National Championships.

The women's club christened two pair/double sculls- the *Gayle Toogood*, and the *Pam Westendorf*, and the club single was christened *Felicity "Fradge"*

Brake. The club has benefited greatly from the involvement of these members over a number of years, with Pam still actively involved as a coach, and Gayle's long rowing career temporarily(?) halted by a back injury.

Privately owned single sculls were also christened: Gayle Toogood's *Not too bad*, Minnie Cade's *Jack Cade*, and Emma Rickards' *Sic Optime Vivitur*, a Latin version of the late Field Rickards' favourite saying "This is the life".

Upcoming events

May College rowing championships

May- August Winter Sculling Series
(Most Saturday afternoons)

June 15 or 16 Winter Solstice Booze Cruise

July 17-23 Intervarsity crew selection

August 22-28 World Championships, Tampere, Finland

September Annual Dinner -venue to be decided.

September 26-30 Australian University Championships (IV), Ballarat

October First selection time trials for 95/96 season.

December 23 Christmas Cocktail Party

March 1996 Australian Championships

The December 1994 event attracted not quite as many people as we anticipated, perhaps due to belated ticket sales, but nevertheless general consensus was that it "went off".

Rich McLure's attempts at a limbo competition brought forth some keen competitors (and sent those of us in shorter skirts on a quick swoop of the change rooms for a pair of rowing shorts!) but alas, no particular talent shone in the flexibility and co-ordination while under the influence of alcohol department.

At around 4 am the large room was looking a little deserted and worse for wear, but the dance floor was still packed with party people enjoying the quality of DJ Rob Manning's selections. The music was excellent.

Fortunately we managed to avoid the more unruly scenes of the previous year (nocturnal swimming, illicit weights room activities, toilet wrestling).

Paul Reedy's annual rubbish bin full of punch tasted a little strange this year - always wondered what he puts in it...

It was sad to see the handballing of the banana and strawberry daiquiris into the too-hard basket, although only a small minority mourned the passing of the Beetroot and Vodka Bomb. At least the committee room looked a little less like the kitchen from hell by the end of the night.

Thanks to Rich McLure, Nick Reinets, Sophie Morrison, and George Radcliffe-Smith for their organisational efforts.

Christmas cocktail party

The highlight of the social year has fast become the Annual Christmas Eve Eve cocktail Party. This event has taken on a life and a reputation of its own. Have we created something we can't control?!



To be inserted with the MUBC newsletter,

Format of the "Mubca" : Readers note that the unfamiliar format of this newsletter is a 'once off' and in future the Mubca will return to its traditional format, and title.

1995 HENLEY ROYAL REGATTA TOUR

28th June-2nd July (World Cup Event) (Est. 26th March 1839)

Melbourne University Boat Club is sending a crew to compete at the Royal Henley Regatta, England, in late June. The crew was selected in the few days following the College Regatta and has been training regularly since. The crew consists almost entirely of current University under graduate students and intends to use this as a base for the Intervarsity VIII in preparation for the Oxford and Cambridge Cup in September. The following were selected to row in the University VIII:

(cox)	Rob Heath
(str)	Stuart Peele
(7)	Antony Rickards
(6)	Brad Kerr
(5)	Ross Featherstone
(4)	Matthew Graham
(3)	Nick Kemp
(2)	Rob Spinks
(bow)	Dean Gold

Other members of this crew include:

Jim Peters	(coach)
Andrew Tullock	(coach)
Tim Anderson	(reserve)
Richard McClure	(manager)

The Henley Royal Regatta takes place annually at the end of June for five days of fun and festivities, starting on a Wednesday and finishing on a Sunday. The crew has been billeted in a house 5 mins. from the course, to a Mrs. Feary, who has over 5 years Henley billeting experience.

Fund Raising:

Funds for the trip have been raised through corporate sponsorship; direct donations (for which we are all extremely grateful); club and University grants; social functions; a raffle; and crew members own pockets. To date the bulk of the funds have been raised, however a trip of this scale is unavoidably expensive. As an indication of the scale of the financial burden the students have to bear, there still remains an outstanding cost of \$20,000. Donations are much needed and greatly appreciated.

Donations:

Cheques written out to "Melbourne University Sports Centre" are Tax Deductable. To receive a receipt to claim against Tax donations should note the name and address for the receipt to be posted out to. Donations can be given to the Sports Union, Geoff Rees (club Treasurer), or directly to crew members.

Boat Club Booze Cruise: 22nd June \$30
Henley Trip Raffle.

Australian Team send off. 18th June. Mercantile boat sheds.

School Leavers recruitment day. 30th July at the sheds.

Boat Christening 17th September

Annual General Meeting 23rd July 11:00am Sunday morning.

The Committee wishes to advise that nominations are called for the following positions:

President	(x1)	Captain	(x1)	Elected Member	(x2)
Vice Presidents	(x8)	Vice Captain	(x1)	Under-Grad. Delegates	(x5)

Special moments in your sporting life
captured by

HEBFOTOS



Special requests for photos for Clubs or Sponsors
are welcome!

Guy Hebblewhite & Cynthia Judd

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